



# ANNUAL WELLNESS VISIT (chief complaint)

Office staff: Medical Record Number: \_\_\_\_\_ Date of Service \_\_\_\_\_

**PLEASE PRINT:**

Patient Name \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Gender  Male  Female  
 Race (ex: Caucasian, Asian) \_\_\_\_\_ Ethnicity (ex: Italian, German) \_\_\_\_\_  
 Medicare B Eligibility Date \_\_\_\_\_







**PAIN** (office: EPIC's vital signs – pain information)

⇒ Please circle your answers

|                                      |       |           |       |        |
|--------------------------------------|-------|-----------|-------|--------|
| How often is pain a problem for you? | Never | Sometimes | Often | Always |
|--------------------------------------|-------|-----------|-------|--------|

Where is your pain? \_\_\_\_\_

Circle one of the faces below that best relates to your pain:

|   |   |   |   |   |   |
|---|---|---|---|---|---|
|  |  |  |  |  |  |
| 0<br>No Hurt  | 2<br>Hurts<br>Little Bit  | 4<br>Hurts<br>Little More   | 6<br>Hurts<br>Even More   | 8<br>Hurts<br>Whole Lot   | 10<br>Hurts<br>Worst  |

- (Office: complete EPIC's hearing (simple screen)/vision, timed up and go)

**ALLERGIES** - Please list all allergies or reactions to medications (office: EPIC's allergies)

| <u>Allergy/Medication:</u>            | <u>Reaction:</u> |
|---------------------------------------|------------------|
| <input type="checkbox"/> No Allergies |                  |
|                                       |                  |
|                                       |                  |
|                                       |                  |
|                                       |                  |
|                                       |                  |
|                                       |                  |

**Annual Wellness Visits**

Patient Name: \_\_\_\_\_

**MEDICATIONS** - Please list all medication you currently take including prescriptions, supplements, cold medication, aspirin, vitamins, and birth control pills. Please list all medication dosages and frequency taken. (office: EPIC's medications)

| <u>Medication</u>                              | <u>Dosage</u> | <u>Frequency</u> |
|--|---------------|------------------|
| <input type="checkbox"/> I take NO Medications |               |                  |
| _____  | _____         | _____            |
| _____  | _____         | _____            |
| _____  | _____         | _____            |
| _____  | _____         | _____            |
| _____  | _____         | _____            |
| _____  | _____         | _____            |
| _____  | _____         | _____            |

**MEDICAL HISTORY** - List all illnesses and injuries & when they started. ( For example: asthma, diabetes, high blood pressure, heart murmur, epilepsy, cancer, depression, fatigue, accidents, fractures, head injuries, burns) (Office: EPIC's medical history section & update problem list)

| <u>Problem</u> | <u>Date</u> |
|----------------|-------------|
| _____          | _____       |
| _____          | _____       |
| _____          | _____       |
| _____          | _____       |
| _____          | _____       |
| _____          | _____       |
| _____          | _____       |

**HOSPITALIZATIONS-** other than for surgeries (Office: EPIC's medical/surgical history section)

| <u>Hospitalized for:</u>                         | <u>Date</u> |
|--|-------------|
| <input type="checkbox"/> Never been hospitalized |             |
| _____  | _____       |
| _____  | _____       |
| _____  | _____       |
| _____  | _____       |
| _____  | _____       |
| _____  | _____       |

**SURGICAL HISTORY** -- List all surgeries & the date of surgery. (For example: tonsillectomy, appendix, gallbladder, hernia, hysterectomy) (Office: EPIC's surgical history section)

| <u>Surgery for</u>                    | <u>Date</u> |
|---------------------------------------|-------------|
| <input type="checkbox"/> No Surgeries |             |
| _____                                 | _____       |
| _____                                 | _____       |
| _____                                 | _____       |
| _____                                 | _____       |
| _____                                 | _____       |
| _____                                 | _____       |

**FAMILY HISTORY for blood relatives** (Office: EPIC's family history section)

Mother's age now \_\_\_\_\_ (or age at death) \_\_\_\_\_

Father's age now \_\_\_\_\_ (or age at death) \_\_\_\_\_

Has any immediate family member (parents, brother, sister, grandparents, and children) had:

| <u>Yes</u>               | <u>No</u>                | <u>Which Family Member(s) / What Age:</u>                    |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Alcoholism _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | Cancer _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | Depression _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | Drug Problem _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart attack _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure _____                                    |
| <input type="checkbox"/> | <input type="checkbox"/> | High Cholesterol _____                                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Stroke _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | Other illness or conditions that run in your family<br>_____ |

# Annual Wellness Visits

Patient Name: \_\_\_\_\_

## SOCIAL HISTORY *(Office: EPIC's social history section)*

**Yes No**

- Do you drink alcohol?
- If YES to drinks alcohol above, is it more than 4 drinks in 1 day or 28 in a week?  
How many drinks per week? \_\_\_\_\_  
*(Office: If Yes to more than 4 alcoholic drinks per day or 28 per week perform AUDIT flowsheet)*
- Have you used illegal drugs? Which ones: \_\_\_\_\_  
*(Office: If Yes to illegal drug use, perform DAST flowsheet)*
- Do you smoke?  
If yes, what type/ amount? \_\_\_\_\_  
*(Office: If Yes to smoking, give Smoking Cessation Counseling)*

⇒ Please circle your answers

|                               |                  |                            |         |           |
|-------------------------------|------------------|----------------------------|---------|-----------|
| What is your Marital Status?: | Single           | Married                    | Widowed | Separated |
| What is your Occupation?:     | Retired<br>Y / N | If Employed<br>Occupation: |         |           |

What was your highest level of education? \_\_\_\_\_

What are your hobbies? \_\_\_\_\_

## **Women Only:** GYNECOLOGICAL HISTORY *(Office: EPIC's obstetric history section)*

|                        |       |
|------------------------|-------|
| Number of pregnancies  | _____ |
| Number of miscarriages | _____ |
| Number of children     | _____ |
| Number of abortions    | _____ |

## Activities of Daily Living, Part 1 of 2 *(Office: EPIC's ADL's section)*

|                     |     |    |                        |     |    |                  |     |    |
|---------------------|-----|----|------------------------|-----|----|------------------|-----|----|
| Back Care?          | Yes | No | Gun Owner?             | Yes | No | Sleep Concern?   | Yes | No |
| Bike Helmet?        | Yes | No | Hobby Hazards?         | Yes | No | Smoke Detectors? | Yes | No |
| Blood Transfusions? | Yes | No | Military Service?      | Yes | No | Special Diet?    | Yes | No |
| Body Piercings?     | Yes | No | Occupational Exposure? | Yes | No | Stress Concern?  | Yes | No |
| Caffeine Concern?   | Yes | No | Seat Belt?             | Yes | No | Tattoos?         | Yes | No |
| Exercise?           | Yes | No | Self-Exams?            | Yes | No | Weight Concern?  | Yes | No |

## DEPRESSION SCREEN *(Office: If Yes to either question, give PHQ 9 Form & complete EPIC PHQ Flowsheet)*

|   |   |
|---|---|
| <b>Yes No</b>                                     |   |
| <input type="checkbox"/> <input type="checkbox"/> | Over the past two weeks, have you felt little interest of pleasure in doing things? |
| <input type="checkbox"/> <input type="checkbox"/> | Over the past two weeks, have you felt little down, depressed or hopeless?          |

# Annual Wellness Visits

Patient Name: \_\_\_\_\_

## ACTIVITIES OF DAILY LIVING, Part 2 of 2

(Office: For next 2 pages, use PNA Annual Wellness Visit Flowsheet) (Provider: if needed, consider a Referral)

| <u>Yes</u>               | <u>No</u>                |  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have a well-balanced diet? If no, why not? _____  |
| <input type="checkbox"/> | <input type="checkbox"/> | How often do you exercise? _____ what type? _____        |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you drive? If not, who provides transportation? _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | Are you able to get on and off the toilet easily?        |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have self-control over your bladder or bowel?     |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you need help with eating or meal preparation?        |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you need help shopping or doing light housekeeping?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have difficulty doing errands alone?              |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you need help with dressing/bathing?                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have a problem functioning sexually?              |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have any trouble hearing?                         |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have any trouble seeing, even with glasses?       |
| <input type="checkbox"/> | <input type="checkbox"/> | How many hours can you be left alone? _____              |

## COGNITIVE / FUNCTIONAL STATUS (Provider: if needed, consider Referral)

| <u>Yes</u>               | <u>No</u>                |  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Are you having trouble concentrating or making your own decisions?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have trouble managing the mail or paying bills?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Are you having trouble ordering your medication or scheduling doctors appts?                                       |
| <input type="checkbox"/> | <input type="checkbox"/> | Are you having trouble remembering to take your medications?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do you have a decreased sense of direction?  |
| <input type="checkbox"/> | <input type="checkbox"/> | During the past year, have you experienced confusion or memory loss that is happening more often or getting worse? |

## GENERAL LIFE SATISFACTION: (Provider: if needed, consider a Referral or further testing)

⇒ Please circle your answers

|  |        |         |           |        |       |
|--|--------|---------|-----------|--------|-------|
| How often do you get the social and emotional support you need?  | Always | Usually | Sometimes | Rarely | Never |
| During the past four weeks, has your physical and emotional health limited your social activities with family, friends, neighbors or groups? | Always | Usually | Sometimes | Rarely | Never |
| During the past four weeks, was someone available to help you if you needed or wanted it?  | Always | Usually | Sometimes | Rarely | Never |

⇒ Please circle your answers

|   |                |           |              |                   |
|---|----------------|-----------|--------------|-------------------|
| In general, how satisfied are you with your life: | Very Satisfied | Satisfied | Dissatisfied | Very Dissatisfied |
| How often is stress a problem for you?            | Never          | Some-     | Often        | Always            |

# Annual Wellness Visits

Patient Name: \_\_\_\_\_

|  |  |       |  |  |
|--|--|-------|--|--|
|  |  | times |  |  |
|--|--|-------|--|--|

**SAFETY SCREEN** (Office: If Yes for the fall questions (1&2), complete STEADI Fall Risk in Visit Navigator)

|  |  |
|--|--|
| <b>Yes</b>   | <b>No</b>  |
| <input type="checkbox"/>                               | <input type="checkbox"/>   |
| How many times have you fallen in the last Year? _____ |  |
| <input type="checkbox"/>                               | <input type="checkbox"/> Do you worry about falling?   |
| <input type="checkbox"/>                               | <input type="checkbox"/> Has anyone made you afraid or hurt you physically?  |
| <input type="checkbox"/>                               | <input type="checkbox"/> Have you been upset because someone talked to you in a way that made you feel shamed or threatened? |
| <input type="checkbox"/>                               | <input type="checkbox"/> Has anyone tried to force you to sign papers or to use your money against your will?                |

**Adult Activity Level** - For activity to be regular, it must add up to a total of 30 minutes or more per day and be done at least 5 days per week. (Please mark 1 answer)

|                            |   |
|----------------------------|---|
| <input type="checkbox"/> 1 | I currently do NOT exercise and do not intend to start exercising in the next 6 months. |
| <input type="checkbox"/> 2 | I currently do NOT exercise, but am thinking about starting in the next 6 months.       |
| <input type="checkbox"/> 3 | I currently exercise some, but not regularly.   |
| <input type="checkbox"/> 4 | I currently exercise regularly, but I have only begun to do so in the last 6 months.    |
| <input type="checkbox"/> 5 | I currently exercise regularly, and have done so for longer than 6 months.              |

**Do you receive health care from other physicians or sources?**

(Office: add physicians to EPIC's care team, patient care team section, team member)

| YES                      | NO                       | Specialty             | Provider Name | Reason for Visit? | Last Visit Date? |
|--------------------------|--------------------------|-----------------------|---------------|-------------------|------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Audiologist (Hearing) |               |                   |                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Cardiologist (Heart)  |               |                   |                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Dermatologist         |               |                   |                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Dentist               |               |                   |                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Gastrointestinal (GI) |               |                   |                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Optometrist (Eye)     |               |                   |                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Podiatrist (Feet)     |               |                   |                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Medical Equipment     |               |                   |                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Home Health           |               |                   |                  |
| Other:                   |                          |                       |               |                   |                  |
|                          |                          |                       |               |                   |                  |
|                          |                          |                       |               |                   |                  |
|                          |                          |                       |               |                   |                  |

**Annual Wellness Visits**

Patient Name: \_\_\_\_\_

**Health Maintenance** (Office: update EPIC's health maintenance section)

• **Immunizations** **Date Last Done**

|                    |       |
|--------------------|-------|
| Last tetanus shot  | _____ |
| Pneumonia vaccine  | _____ |
| Last flu shot      | _____ |
| Hepatitis B Series | _____ |
| Zostavax           | _____ |

• **Preventive Screenings** **Date last done:**

|                                |                     |
|--------------------------------|---------------------|
| Bone scan                      | _____               |
| Colonoscopy                    | _____               |
| Eye exam                       | _____               |
| FOBT (Fecal Occult Blood Test) | _____               |
| Mammography                    | _____               |
| Pap smear                      | _____ (Female only) |

**YES NO**

|                          |                          |  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Do you have a POLST or Advanced Care Directive?</b> (Office: EPIC's Directives section) |
|--------------------------|--------------------------|--|

(Office: Open SmartSet: "PNA Medicare Wellness Visit")

**Who would be able to help you in case of illness or emergency?**

Name: \_\_\_\_\_

Relationship?: \_\_\_\_\_

Phone #: \_\_\_\_\_

- Please sign here for your approval to send your healthcare information to the person listed above: \_\_\_\_\_ (your signature)

**This form was filled out by (please print your name):**

Name: \_\_\_\_\_ Relationship? \_\_\_\_\_

**Staff Signature –**

Staff member conducting initial intake: \_\_\_\_\_ Date: \_\_\_\_\_

**Provider Signature –**

Review/notation of pertinent history performed: \_\_\_\_\_

Date: \_\_\_\_\_

**★★★WE THANK YOU FOR YOUR VISIT TO OUR OFFICE★★★**