



INTERNAL MEDICINE

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## INSTRUCTIONS

### How to prepare for your Medicare Annual Wellness visit...

1. Read **A WORD TO OUR PATIENTS ABOUT WELLNESS CARE** letter included in this packet.
2. Complete the **NORTHWEST MEDICAL GROUP ADULT REVIEW OF SYSTEMS** form. Check any of the problems that you have had in the past/presently. *Special Problems To Discuss portion will most likely be addressed at a follow-up appointment if any are listed.*
3. Complete the **ANNUAL WELLNESS VISIT** packet. Completion of this packet **PRIOR TO YOUR VISIT** is very important. Providing an already completed packet at the time of your appointment will help your physician assist with your care in a more efficient and timely manner. ***(Failure to bring completed AWV packet may result in your appointment being rescheduled)***. If you find that something does not apply to you, write "N/A", otherwise, full completion is key.
4. **Optional**, enclosed for your review, you will find the California Advance Health Care Directive. At your appointment, your physician will discuss the reasons to consider for using an Advance Health Care Directive.
5. **Bring your completed REVIEW OF SYSTEMS form and completed ANNUAL WELLNESS VISIT packet to your scheduled appointment.**
6. Take care and we look forward to seeing you at your scheduled appointment.... ***Please do not forget to bring your completed paperwork!!!***